


A Minimum of 1/2c of fruit or vegetable is required for a reimbursable meal.



January 2018 Middle School Lunch Menu

Daily Milk offered includes choice of 1%, Skim or Skim Chocolate.

All meals include milk, fruit, vegetable, grain, meat/meat alternative

January 1	January 2	January 3	January 4	January 5
No School	Featured Menu Spaghetti & Meatballs w/ Breadstick Hot Veg: Peas	Featured Menu Pizza Crunchers Hot Veg: Mixed Vegetables	Featured Menu Beef & Cheese Nachos w/ Tortilla Chips & Salsa Hot Veg: Refried Beans	Featured Menu Spicy Chicken Wrap Hot Veg: Sweet Potato Fries
January 8	January 9	January 10	January 11	January 12
Featured Menu Mini Corn Dogs Chicken Noodle Soup Hot Veg: Roasted Chickpeas	Featured Menu Stuffed Cheese Sticks w/ Marinara Hot Veg: Steamed Carrots	Featured Menu Chicken Nuggets w/ Buttered Parmesan Noodles Hot Veg: Green Beans	Featured Menu Creamy Mac & Cheese w/ Breadstick Hot Veg: Mixed Vegetables	Featured Menu Crispitos w/ Cheese Sauce Hot Veg: Corn
January 15	January 16	January 17	January 18	January 19
No School	No School	Featured Menu Hot Ham & Cheese on Pretzel Roll Hot Veg: Sweet Potato Fries	Featured Menu Grilled Cheese w/ Tomato Soup & Goldfish  Hot Veg: Tater Tots	Featured Menu Soft Shell Tacos & Salsa Hot Veg: Refried Beans
January 22	January 23	January 24	January 25	January 26
Featured Menu Italian Dunkers w/ Meat Sauce Hot Veg: Steamed Carrots	Featured Menu Turkey Gravy w/ Hot Roll Hot Veg: Mashed Potatoes & Gravy	Featured Menu Walking Taco Hot Veg: Mixed Vegetables	Featured Menu Pepper Jack Beef Deli Hot Veg: Baked Beans	Featured Menu Chicken Tortilla Soup & Cheese Quesadilla Hot Veg: Corn
January 29	January 30	January 31		
Featured Menu Spaghetti & Meatballs w/ Breadstick Hot Veg: Peas	Featured Menu Chili Dog on a Bun Hot Veg: Steak Fries	Featured Menu Pizza Crunchers Hot Veg: Mixed Vegetables		

Various Fruit and Vegetable Sides Offered Daily

Select up to 2 different 1/2c servings of fruit and of vegetables

Side Salad • Fresh Fruit • Featured Hot Veggie • Whole Fruit • Mixed Veggies • Mixed Fruit • Fresh Vegetables

Monday Alternate	Tuesday Alternate	Wednesday Alternate	Thursday Alternate	Friday Alternate
Rib-B-Q on a Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Cheese Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Chicken Patty on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait P Pepperoni Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Hamburger/Cheeseburger on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Cheese Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Spicy Chicken Patty on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Sausage Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Fish Wedge on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Cheese Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick

Menu Item (P May Contain Pork)

This institution is an equal opportunity provider. [Link to Nondiscrimination Statement on Dept. Website.](#)