


A Minimum of 1/2c of fruit or vegetable is required for a reimbursable meal.



**October 2017  
Middle School Lunch Menu**

Daily Milk offered includes choice of 1%, Skim or Skim Chocolate.

All meals include milk, fruit, vegetable, grain, meat/meat alternative

October 2	October 3	October 4	October 5	October 6
<b>No School</b>	<b>Featured Menu</b> Chili Dog on a Bun Hot Veg: Baked Steak Fries	<b>Featured Menu</b> Pizza Crunchers Hot Veg: Mixed Vegetables	<b>Featured Menu</b> Beef & Cheese Nachos w/ Tortilla Chips & Salsa Hot Veg: Refried Beans	<b>Featured Menu</b> Spicy Chicken Wrap Hot Veg: Sweet Potato Fries
October 9	October 10	October 11	October 12	October 13
<b>Featured Menu</b> Mini Corn Dogs Hot Veg: Baked Beans	<b>Featured Menu</b> Stuffed Cheese Sticks w/ Marinara Hot Veg: Mixed Vegetables	<b>Featured Menu</b> Chicken Nuggets w/ Buttered Parmesan Noodles Hot Veg: Green Beans	<b>Featured Menu</b> Creamy Mac & Cheese  w/ Breadstick Hot Veg: Sweet Potato Fries	<b>Featured Menu</b> Crispitos w/ Cheese Sauce Hot Veg: Corn
October 16	October 17	October 18	October 19	October 20
<b>Featured Menu</b> Chicken Tender Wrap Hot Veg: Peas	<b>Featured Menu</b> Cheesy Garlic French Bread & Marinara Hot Veg: Mixed Vegetables	<b>Featured Menu</b> Breakfast Croissant Hot Veg: Tri-Taters	<b>Featured Menu</b> Made-Right on a Bun Hot Veg: Sweet Potato Fries	<b>Featured Menu</b> Soft Shell Tacos & Salsa Hot Veg: Refried Beans
October 23	October 24	October 25	October 26	October 27
<b>Featured Menu</b> Italian Dunkers w/ Meat Sauce Hot Veg: Green Beans	<b>Featured Menu</b> Pepper Jack Beef Deli Hot Veg: Mashed Potatoes & Gravy	<b>Featured Menu</b> Walking Taco Hot Veg: Mixed Vegetables	<b>Featured Menu</b> Beef Teriyaki Dippers w/ Buttered Parmesan Noodles & Breadstick Hot Veg: Baked Beans	<b>Featured Menu</b> BBQ Chicken Flatbread Hot Veg: Sweet Potato Fries
October 30	October 31			
<b>No School</b>	<b>Featured Menu</b> Chili Dog on a Bun Hot Veg: Baked Steak Fries			

**Various Fruit and Vegetable Sides Offered Daily**

Select up to 2 different 1/2c servings of fruit and of vegetables

Side Salad • Fresh Fruit • Featured Hot Veggie • Whole Fruit • Mixed Veggies • Mixed Fruit • Fresh Vegetables

Monday Alternate	Tuesday Alternate	Wednesday Alternate	Thursday Alternate	Friday Alternate
Rib-B-Q on a Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Cheese Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Chicken Patty on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait <b>P</b> Pepperoni Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Hamburger/Cheeseburger on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Cheese Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Spicy Chicken Patty on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Sausage Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Fish Wedge on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Cheese Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick

Menu Item (**P** May Contain Pork)

This institution is an equal opportunity provider. [Link to Nondiscrimination Statement on Dept. Website.](#)


A Minimum of 1/2c of fruit or vegetable is required for a reimbursable meal.



**November 2017  
Middle School Lunch Menu**

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		<b>November 1</b>	<b>November 2</b>	<b>November 3</b>
		<b>Featured Menu</b> Pizza Crunchers Hot Veg: Mixed Vegetables	<b>Featured Menu</b> Beef & Cheese Nachos w/ Tortilla Chips & Salsa Hot Veg: Refried Beans	<b>Featured Menu</b> Spicy Chicken Wrap Hot Veg: Sweet Potato Fries
<b>November 6</b>	<b>November 7</b>	<b>November 8</b>	<b>November 9</b>	<b>November 10</b>
<b>Featured Menu</b> Mini Corn Dogs Chicken Noodle Soup Hot Veg: Peas	<b>Featured Menu</b> Stuffed Cheese Sticks w/ Marinara Hot Veg: Sweet Potato Fries	<b>Featured Menu</b> Chicken Nuggets w/ Buttered Parmesan Noodles Hot Veg: Baked Beans	<b>Featured Menu</b> Creamy Mac & Cheese w/ Breadstick Hot Veg: Mixed Vegetables	<b>Featured Menu</b> Crispitos w/ Cheese Sauce Hot Veg: Corn
<b>November 13</b>	<b>November 14</b>	<b>November 15</b>	<b>November 16</b>	<b>November 17</b>
<b>Featured Menu</b> Italian Dunkers w/ Meat Sauce Hot Veg: Peas	<b>Featured Menu</b> Turkey Gravy w/ Hot Roll Hot Veg: Mashed Potatoes & Gravy	<b>Featured Menu</b> Hot Ham & Cheese on Pretzel Roll Hot Veg: Sweet Potato Fries	<b>Featured Menu</b> Grilled Cheese w/ Tomato Soup & Goldfish  Hot Veg: Mixed Vegetables	<b>Featured Menu</b> Soft Shell Tacos & Salsa Hot Veg: Refried Beans
<b>November 20</b>	<b>November 21</b>	<b>November 22</b>	<b>November 23</b>	<b>November 24</b>
<b>Featured Menu</b> Chicken Tender Wrap Hot Veg: Baked Beans	<b>Featured Menu</b> Cheesy Garlic French Bread & Marinara Hot Veg: Corn	<b>No School</b>	<b>No School</b>	<b>No School</b>
<b>November 27</b>	<b>November 28</b>	<b>November 29</b>	<b>November 30</b>	
<b>Featured Menu</b> Spaghetti & Meatballs w/ Breadstick Hot Veg: Mixed Vegetables	<b>Featured Menu</b> Chili Dog on a Bun Hot Veg: Baked Steak Fries	<b>Featured Menu</b> Pizza Crunchers Hot Veg: Sweet Potato Fries	<b>Featured Menu</b> Beef & Cheese Nachos w/ Tortilla Chips & Salsa Hot Veg: Refried Beans	

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<b>Monday Alternate</b>	<b>Tuesday Alternate</b>	<b>Wednesday Alternate</b>	<b>Thursday Alternate</b>	<b>Friday Alternate</b>
Rib-B-Q on a Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Cheese Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Chicken Patty on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait P Pepperoni Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Hamburger/Cheeseburger on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Cheese Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Spicy Chicken Patty on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Sausage Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick	Fish Wedge on Bun Pick 2 Chef Salad w/ Hot Roll Fruit Parfait Cheese Pizza Sub Sandwich Sun Butter & Jelly Sandwich w/ Cheese Stick

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